Erev Shabbat with Beth-El Zedeck
April 10, 2020 • 17 Nisan 5780

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Blessing the Children

For our sons:
May you be like Ephraim and Menashe.

יְשִׂימְךָ אֱלֹהִים כְּאֶפְרַיְם וְכִּמְנַשֶּׁה

Y’simkha Elohim k’Ephraim v’khi-Menashe.

For our daughters:
May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׂימֵךְ אֱלֹהִים כְּשָׂרָה רִבְקָה רָּחֵל וְלֵאָה

Y’simekha Elohim k’Sarah, Rivka, Rachel, v’Leah

For our children and families:
May God bless you and protect you.

יִשְׂרָאֵל לָךְ יִֽשָּׂא יְהוָֽה יִשְׁמַרְךָ

Y’varekhekha Adonai v’yishm’rekha

May God show you favor and be gracious to you.

כִּי נָא הָעָנִים אֲלֵיהֶנָּה

Ya’er Adonai panav eilekha vichuneka

May God show you kindness and grant you peace.

יְשָׂא יְהוָֽה פָּנָיו אֶלֶיךָ שָׁלוֹם

Yisa Adonai panav eilekha v’yasem l’kha shalom

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Healing Prayers
Music by Debbie Friedman

Mi shebeirach avoteinu
M'kor ha-b'rakha l'imoteinu
May the Source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: Amen.

Mi shebeirach imoteinu
M'kor ha-b’rakhah la-avoteinu
Bless those in need of healing with r'fuah sh'leimah,
The renewal of body,
The renewal of spirit,
And let us say: Amen

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Counting the Omer

כָּרוּךְ אַתָּה יְיָ אֱלֹה ֵֽינוּ מֵֶֽלֶךְ הָuvoֹלָם, אֲשֶׁר קִדְּשֵָֽׁנוּ בְּמִצְוֹתָיו, וְצִוֵָּֽנוּ עַל סְפִירַת הָע ֵֽמֶר
Baruch atah Adonai Eloheinu melech ha'olam asher kid'shanu b'mitzvotav vitzivanu al sefirat ha'omer.

Blessed are You, Adonai our God, Ruler of the universe, who sanctifies us with mitzvot, and commands us concerning the counting of the Omer.

הַיּוֹם שְׁנִי יָמִים לָע ֵֽמֶר
Hayom sh’nei yamim la-omer.

Today is the second day of the omer.
Lo Alecha (Pirkei Avot 2:16, 15)
Music by Jeff Klepper and Dan Freelander

Lo alecha ham'lacha ligmor,
Lo alecha ligmor. (2x)

V'lo ata ben chorin l'hibateil mimena,
V'lo ata ben chorin. (2x)

It is not your duty to complete the work, neither are you free to desist from it.