

Judaism-To-Go *with Cantor Melissa Cohen*

Congregation Beth-El Zedeck
Indianapolis, Indiana

June 3, 2020

Songs of Peace and Hope



“...the march...was about protest and prayer. Legs are not lips and walking is not kneeling. And yet, our legs uttered songs. Even without words, our march was worship. I felt my legs were praying.”

(Rabbi Abraham Joshua Heschel)



Oseh Shalom

Music by Michael Ochs

Oseh shalom bimromav hu ya'aseh shalom aleinu,
V'al kol yisrael, v'al kol yoshvei teivel. V'imru: amen

*May the One who creates peace on high bring peace to us,
And to all Israel, and to all who dwell on earth. And we say: Amen.*



Let There Be Love—Hashkiveinu

Music by Noah Aronson, Jodi Sufrin, & Dan Singer
English text by Chaim Stern

Let there be love and understanding among us.
Let peace and friendship be our shelter from life's storms.
Hashkiveinu Adonai Eloheinu, Hashkiveinu l'shalom.



Peace Like a River—Sim Shalom
Traditional Spiritual/Liturgy-Birkat Shalom

I've got peace like a river (2x)
I've got peace like a river in my soul.
And it rolls like a river (2x)
And it rolls like a river in my soul.

I've got love like an ocean (2x)
I've got love like an ocean in my soul.
And it flows like the ocean (2x)
And it flows like the ocean in my soul

I've got joy like a fountain (2x)
I've got joy like a fountain in my soul.
And it bursts like a fountain (2x)
And it bursts like a fountain in my soul.

Sim shalom tovah, tovah uv'rachah
Chein va-chesed v'rachamim (2x)

Grant peace to the world, goodness and blessing, grace, love & compassion.



Acheinu

Music by Abie Rotenberg

Acheinu kol beit Yisrael (2x),
Ha-n'tunim b'tzarah (2x) uva'shivyah,
Haomdim bein ba-yam u'vein ba-yabashah.
Hamakom Y'racheim (2x) Aleihem v'yotzieim mitzarah lirvachah
Umei'afeilah l'orah u'mishibud lig'ulah
Hashta ba'agala u'vizman kariv.

*May the Holy One be merciful to our brothers and sisters of the House of Israel
Who wander over sea and land, who suffer oppression and imprisonment.*

*May God soon bring them relief from distress and deliver them
from darkness to light, from subjugation to redemption, speedily!*

◇ Of Blessed Memory ◇
**Dr. Martin Luther King, Jr. (1929-1968) &
Rabbi Abraham Joshua Heschel (1907-1972):**
Two Friends, Two Leaders, Two Dreamers



I'm On My Way—*Mi Khamokha*

Traditional SNCC Song/Exodus 15:11

I'm on my way to the Freedom Land (3x)
I'm on my way, Great God, I'm on my way.

I'll ask my brothers to come and go with me.
I'll ask my sisters to come and go with me.
I'll ask my children to come and go with me.
I'm on my way, Great God, I'm on my way.

Mi khamokha ba-eilim Adonai!
Mi kamokha nedar bakodesh, nora t'hilot oseh feleh!
Mi khamokha ba-eilim Adonai!

*Who is like You, Adonai, among the mighty?
Who is like You, adorned in holiness, revered in praise, working wonders!*



We Shall Overcome

By Zilphia Horton, Frank Hamilton, Guy Carawan & Pete Seeger

We shall overcome (2x)
We shall overcome someday.
Oh, deep in my heart, I do believe
We shall overcome someday.

We'll walk hand in hand (2x)
We'll walk hand in hand someday.
Oh, deep in my heart, I do believe
We'll walk hand in hand someday.

We shall all be free (2x)
We shall all be free someday.
Oh, deep in my heart, I do believe
We shall all be free someday.



Hallelujah

By Leonard Cohen

**Additional lyrics by Cantor Melissa Cohen
in memory of all who can't breathe*

Now I've heard there was a secret chord that David played,
And it pleased the Lord, but you don't really care for music, do ya'?
It goes like this: the fourth, the fifth, the minor four, the major lift.
The baffled king composing "Hallelujah."

Hallelujah! (4x)

You say I took the Name in vain. I don't even know the Name,
But if I did, well, really, what's it to ya'?
There's a blaze of light in every word.
It doesn't matter which you heard, the holy or the broken "Hallelujah."

Hallelujah! (4x)

*I did my best; it wasn't much. I couldn't breathe, and I couldn't touch
As you held me down you stole the life right from me.
And now that it has all gone wrong, all the people stand before the Lord of song
With nothing on their tongues, but "Hallelujah."

Hallelujah! (4x)



Down By the Riverside—Lo Yisa Goi

Traditional Spiritual/Isaiah 2:4

I'm gonna lay down my sword and shield
Down by the riverside (3x)
Gonna lay down my sword and shield
Down by the riverside; Gonna study war no more.
I ain't gonna study war no more (6x)

Lo yisa el goi cherev, lo yilm'du od milchamah, lo yisa goi el goi cherev (2x)