

# Erev Shabbat with Beth-El Zedeck

## June 5, 2020 • 14 Sivan 5780



### Blessing the Children

#### For our sons:

May you be like Ephraim and Menashe.

יְשִׁימָךְ אֱלֹהִים כְּאֶפְרַיִם וְכַמְנַשֶּׁה

*Y'simkha Elohim k'Ephraim v'khi-Menashe.*

#### For our daughters:

May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׁימָךְ אֱלֹהִים כְּשָׂרָה רַבֵּקָה רָחֵל וְלֵאָה

*Y'simekh Elohim k'Sarah, Rivka, Rachel, v'Leah*

#### For our children and families:

May God bless you and protect you.

יְבָרְכֶךָ יְהוָה וַיִּשְׁמְרֶךָ

*Y'varekhekha Adonai v'yishm'rekha*

May God show you favor and be gracious to you.

יָאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחֲנֶנֶךָ

*Ya'er Adonai panav eilekha vichuneka*

May God show you kindness and grant you peace.

יִשָּׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שְׁלוֹמ

*Yisa Adonai panav eilekha v'yasem l'kha shalom*



# Healing Prayers

Music by Debbie Friedman

*Mi shebeirach avoteinu*

*M'kor ha-b'rakha l'imoteinu*

May the Source of strength,  
Who blessed the ones before us,  
Help us find the courage to make our lives a blessing,  
And let us say: *Amen*.

*Mi shebeirach imoteinu*

*M'kor ha-b'rakhah la-avoteinu*

Bless those in need of healing with *r'fuah sh'leimah*,  
The renewal of body,  
The renewal of spirit,  
And let us say: *Amen*



# **HaMalakh HaGoel Oti**

By Abie Rotenberg

Hamalakh hago'el oti (2x) mi-kol ra,

Y'varekh et han'arim.

V'yikarei (3x) va'hem sh'mi.

V'shem avotai, [v'shem imotai], Avraham, [Sarah], Yitzchak [v'Rivka],

V'yidgu larov (2x) b'kerev ha'aretz.

*The Angel who has redeemed me from all harm—bless the children.*

*In them, may my name be recalled.*

*And the names of my ancestors Abraham and [Sarah], Isaac and [Rebecca],*

*And may they grow into multitudes upon the earth.*

**(Genesis 48:16)**



## **Y'varekhekha**

By Cantor Ofer Barnoy

Y'varekhekha Adonai v'yishm'rekha

Ya'er Adonai panav eilekha vichuneka

Yisa Adonai panav eilekha v'yasem l'kha shalom

*May God bless you and protect you.*

*May God show you favor and be gracious to you.*

*May God show you kindness and grant you peace.*

**(Numbers 6:24-26)**