Erev Shabbat with Beth-El Zedeck
June 19, 2020 • 28 Sivan 5780

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Blessing the Children

For our sons:
May you be like Ephraim and Menashe.

יְשִׂימְךָ אֱלֹהיִׂם כְאֶפְרַיְם וְכִׂמְנַשֶה

Y’simkha Elohim k’Ephraim v’khi-Menashe.

For our daughters:
May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׂימֵךְ אֱלֹהיִׂם כְשָׂרָׂה רִבְקָה רָחֵל וְלֵאָה

Y’simekh Elohim k’Sarah, Rivka, Rachel, v’Leah

For our children and families:
May God bless you and protect you.

יִבְרָכֶךָ יְהוָּה וּיְשָׁמךְ

Y’varekhekha Adonai v’yishm’rekha

May God show you favor and be gracious to you.

נְאָר יְהוָּה עֵדֶּנְךָ אֱלֹיהֶנָּה

Ya’er Adonai panav eilekha vichuneka

May God show you kindness and grant you peace.

יִשָׂא יְהוָּה עֵדֶּנְךָ אֱלֹיהֶנָּה לְךָ שָלום

Yisa Adonai panav eilekha v’yasem l’kha shalom

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That You May Remember
By Debbie Friedman

*L’m*’a*’n tizk’ru va’asitem et kol mitzvotai
Vi’hi’tem k’*doshim l’eiloheichem
*Ani Adonai Eloheichem emet, eloheichem emet...*

That you may remember and do all of My commandments
And be holy unto your God, unto your God, unto your God.

*(Numbers 15:40)*

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Healing Prayers
Music by Debbie Friedman

*M*’i shebeirach *avoteinu*
*M’kor ha-b’rakha l’*imoteinu
May the Source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: *Amen.*

*M*’i shebeirach *imoteinu*
*M’kor ha-b’rakhah la-*avoteinu
Bless those in need of healing with *r’fuah sh’leimah,*
The renewal of body,
The renewal of spirit,
And let us say: *Amen*
Od Yishama
By Shlomo Carlebach

Od yishama b’arei Y’hudah
Uv’chutzot, uv’chutzot Y’rushalayim (2x)
Kol sason v’kol simchah, kol chatan v’kol kallah (2x)

There shall yet be heard in the cities of Judah,
And the outskirts of Jerusalem
The sounds of gladness and joy,
The voice of bridegroom and bride.

(Jeremiah 33:10-11)