Erev Shabbat with Beth-El Zedeck
July 31, 2020 • 11 Av 5780

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Blessing the Children

For our sons:
May you be like Ephraim and Menashe.

יְשִׂימֵךְ אֱלֹהיִׂם כְּאֶפְרַיְם וְכִּמְנַשֶּׂה

Y’simkha Elohim k’Ephraim v’khi-Menaseh.

For our daughters:
May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׂימֵךְ אֱלֹהיִׂם כְּשָׂרָּה רִבְכָּה רָחֵל וְלֵאَا

Y’simeikh Elohim k’Sarah, Rivka, Rachel, v’Leah

For our children and families:
May God bless you and protect you.

יִבְרָכֶךָ יְהוָּה וְיִשְׁמַרְךָ

Y’varekhekha Adonai v’yishm’rekha

May God show you favor and be gracious to you.

נָאֵר יְהוָּה פָּנָיו אֵלֶיךָ

Ya’eir Adonai panav eilekha vichuneka

May God show you kindness and grant you peace.

יִשָּׂא יְהוָּה פָּנָיו אֵלֶיךָ וְיִשְׁמַרְךָ לְךָ שָׂלום

Yisa Adonai panav eilekha v’yaseim l’kha shalom

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Healing Prayers
Music by Debbie Friedman

*Mi shebeirach avoteinu*
*M'kor ha-b'rakha l'imoteinu*
May the Source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: *Amen.*

*Mi shebeirach imoteinu*
*M'kor ha-b'rakhah la-avoteinu*
Bless those in need of healing with *r'fuah sh'leimah,*
The renewal of body, the renewal of spirit,
And let us say: *Amen*

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Hashiveinu
Folk Melody

Hashiveinu Adonai eilecha, v’nashuvah.
Chadesh yameinu k’kedem.

*Help us to return to You, O God, then truly shall we return.*
*Renew our days as in the past.*

*(Lamentations 5:21)*
V’haeir Eineinu
Music by Rabbi Shlomo Carlebach

V’haeir eineinu b’toratecha,
V’dabek libeinu b’mitzvotecha.
V’yached l’vaveinu l’ahavah ul’yirah et sh’mecha.
V’lo neivosh, v’lo nikalem,
V’lo nikasheil l’olam va’ed.

Illuminate our vision with Your Torah,
And cause our hearts to cling to Your mitzvot.
Unite our hearts to love and treat Your Name with awe,
That we may never suffer shame or know dishonor,
That our steps may never fail, until the end of time.

(Psalms 86:11)