Erev Shabbat with Beth-El Zedeck  
August 21, 2020 • 2 Elul 5780

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Blessing the Children

For our sons:
May you be like Ephraim and Menashe.

אלוהים אֱלֹהִים כְּאֵפְרַיְם וְכִּמְנַשֶּה

Y’simkha Elohim k’Ephraim v’khi-Menashe.

For our daughters:
May you be like Sarah, Rebecca, Rachel, and Leah.

אֱלֹהִים כְּשָׂרָה רִבְקָה רָחֵל וְלֵאָה

Y’simeikh Elohim k’Sarah, Rivka, Rachel, v’Leah

For our children and families:
May God bless you and protect you.

יִבָּרֶכֶךָ יְהוָה וְיִשְמְרֶךָ

Y’varekhekha Adonai v’yishm’rekha

May God show you favor and be gracious to you.

יִאֶרֶץ יְהוָה הָאָרֶץ וְיִשְמָעְךָ

Ya’eir Adonai panav eilekha vichuneka

May God show you kindness and grant you peace.

יִשָּא עַל הָאָרֶץ וְיִשְמָע לְךָ שָלום

Yisa Adonai panav eilekha v’yaseim l’kha shalom

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Healing Prayers
Music by Debbie Friedman

Mi shebeirach avoteinu
M'kor ha-b'rakha l'imoteinu
May the Source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: Amen.

Mi shebeirach imoteinu
M'kor ha-b'rakhah la-avoteinu
Bless those in need of healing with r'fuah sh'leimah,
The renewal of body, the renewal of spirit,
And let us say: Amen.

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Lirdof Tzedek—Blessing for Social Justice
By Jeff Klepper

Baruch Atah Adonai, Eloheinu Melech ha-olam,
Asher kid’shanu b’mitzvotav v’tzivanu lirdof tzedek.

Praised be the One who has commanded us to
Look around and challenge what we see,
To chase after righteousness and justice,
To make this world a better place to be.

Tzedek Tzedek Tirdof (2x)
L’ma’an tichyeh, tzedek tzedek tirdof.

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Justice, justice shall you pursue, that you may thrive!

(Deuteronomy 16:20)
Od Yishama
By Shlomo Carlebach

Od yishama b’arei Y’hudah
Uv’chutzot, uv’chutzot Y’rushalayim (2x)
Kol sason v’kol simchah, kol chatan v’kol kallah (2x)

There shall yet be heard in the cities of Judah,
And the outskirts of Jerusalem
The sounds of gladness and joy,
The voice of bridegroom and bride.

(Jeremiah 33:10-11)