Erev Shabbat with Beth-El Zedeck  
September 4, 2020 • 16 Elul 5780

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Blessing the Children

For our sons:
May you be like Ephraim and Menashe.

ישימעץאלוהיםכапрימEntryPoint

Y’simkha Elohim k’Ephraim v’khi-Menashe.

For our daughters:
May you be like Sarah, Rebecca, Rachel, and Leah.

ישמיעאלוהיםכשראיןיבהלרחללוואה

Y’simeikh Elohim k’Sarah, Rivka, Rachel, v’Leah

For our children and families:
May God bless you and protect you.

ירשפתםברכהיננה

Y’varekhekha Adonai v’yishm’rekha

May God show you favor and be gracious to you.

ירוחאלהוינאראינוה_wf

Ya’eir Adonai panav eilekha vichuneka

May God show you kindness and grant you peace.

לומעשםךשםישאיהוהף TECHNO

Yisa Adonai panav eilekha v’yaseim l’kha shalom

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Healing Prayers
Music by Debbie Friedman

Mi shebeirach avoteinu
M'kor ha-b'rakha l'imoteinu
May the Source of strength, Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: Amen.

Mi shebeirach imoteinu
M'kor ha-b’rakhah la-avoteinu
Bless those in need of healing with r’fuah sh’leimah,
The renewal of body, the renewal of spirit,
And let us say: Amen

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Luleh He’emanti
Music by Joanna S. Dulkin

Luleh he’emanti lirot b’tuv Adonai
B’eretz hayim. (2x)
Kaveh el Adonai. (4x)

If only I could trust that I would see God’s goodness
In the land of the living...
Place your hope in Adonai.

(From Psalm 27:13-14)