Blessing the Children

For our sons:
May you be like Ephraim and Menashe.

יְשִׂימְךָ אֱלֹהיִׂם כְּאֶפְרַיְם וְכִׂמְנַשֶה

$Y’simkha Elohim k’Ephraim v’khi-Menashe.$

For our daughters:
May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׂימֵךְ אֱלֹהיִׂם כְשָׂרָה רִבְקָה רָחֵל וְלֵאָה

$Y’simeikh Elohim k’Sarah, Rivka, Rachel, v’Leah$

For our children and families:
May God bless you and protect you.

יִבְרָכֶךָ יְהוָה וְיִשְמְרֶךָ

$Y’varekhekha Adonai v’yishm’rekha$

May God show you favor and be gracious to you.

נָאָר יְהוָה פָּנָיו אֲלִיוֹת וְיִיחֻנֶךָ

$Ya’eir Adonai panav eilekha vichuneka$

May God show you kindness and grant you peace.

יִשָּא יְהוָה פָּנָיו אֲלִיוֹת לְךָ שָׂלֹם

$Yisa Adonai panav eilekha v’yaseim l’kha shalom$
Luleh He’emanti
Music by Joanna S. Dulkin

Luleh he’emanti lirot b’tuv Adonai
B’eretz hayim. (2x)
Kaveh el Adonai. (4x)

*If only I could trust that I would see God’s goodness
In the land of the living...
Place your hope in Adonai.*

*(From Psalm 27:13-14)*

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Healing Prayers
Music by Debbie Friedman

*Mi shebeirach avoteinu
M’kor ha-b’rakha l’imoteinu
May the Source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: Amen.*

*Mi shebeirach imoteinu
M’kor ha-b’rakha la-avoteinu
Bless those in need of healing with r’fuah sh’leimah,
The renewal of body, the renewal of spirit,
And let us say: Amen*
Return Again
By Shlomo Carlebach

Return Again (2x)
Return to the land of your soul.
Return to who you are
Return to what you are
Return to where you are born and reborn again

Haneshamah Lach
Music by Shlomo Carlebach

Haneshamah lach v’haguf po’olach
Chusah, chusah al amalach

*The soul is Yours, the body is Your creation.*
*Have compassion on Your handiwork.*