I. The Ten Sephirot

**EIN SOF**
(The No-thing, the Eternal, the Infinite)

II. The Four Olamot (Worlds)
1. **Asiyah** – Doing – God as King
2. **Yetzirah** – Formation – God as Parent
3. **Beriah** – Creation – God as Lover
4. **Atzilut** – Flow – All is One

III. Basic Concepts
1. **Tzimtzum** – God’s cosmic contraction to make space for the created world.
2. **Shevirat Hakelim** – Breaking of the vessels at creation – source of evil in the world.
3. **Tikkun** – Through performance of mitzvot we bring about “repair” or “mending” of God’s creation and help to restore Shekinah to Ein Sof.
4. **Kavanah** – Focus, centering, full intention in the performance of mitzvot.