Blessing the Children

For our sons:
May you be like Ephraim and Menashe.

יְשִׂימֵךְ אֱלֹהיִׂם כְאֶפְרַיְם וְכִׂמְנַשֶה

Y’simkha Elohim k’Ephraim v’khi-Menashe.

For our daughters:
May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׂימֵךְ אֱלֹהיִׂם כְשָׂרָה רִבְקָה רָחֵל וְלֵאָה

Y’simeikh Elohim k’Sarah, Rivka, Rachel, v’Leah

For our children and families:
May God bless you and protect you.

יָׂבֹרָה יְהוָׂה וְיִשְמְרֶךָ

Y’varekhekha Adonai v’yishm’rekha

May God show you favor and be gracious to you.

נָאָר יְהוָה סְפִינה אֲלִיְךָ וִיחֻנֶךָ

Ya’eir Adonai panav eilekha vichuneka

May God show you kindness and grant you peace.

יִשָּׂא יְהוָֽה סְפִינָה אֲלִיָּךְ וְיִשְמָרֶךָ שָׂלֹם

Yisa Adonai panav eilekha v’yaseim l’kha shalom
Healing Prayers
Music by Debbie Friedman

Mi shebeirach avoteinu
M'kor ha-b'rakha l'imoteinu
May the Source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: Amen.

Mi shebeirach imoteinu
M'kor ha-b'rakhah la-avoteinu
Bless those in need of healing with r'fuah sh'leimah,
The renewal of body, the renewal of spirit,
And let us say: Amen

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Eli, Eli (Halicha l’Kesaria)
Words by Hannah Szenes/Music by David Zehavi

Eli, Eli, she-lo yigamer l'olam:
Ha-chol v'ha-yam, rishrush shel ha-mayim
B’rak ha-shamayim, t’filat ha-adam. (2x)

My God, My God, I pray that these things never end:
The sand and the sea, the rush of the waters
The crash of the heavens, the prayer of the heart. (2x)

Hannah Szenes Z”L (1921-1944)
Olam Chesed Yibaneh
By Rabbi Menachem Creditor

Olam Chesed Yibaneh...yai lai lai...

I will build this world from love
You must build this world from love
We must build this world from love
Then God will build this world from love

(based on Psalm 89:3)