Blessing the Children

For our sons:
May you be like Ephraim and Menashe.

בְּשִׂימָךְ אֱלֹהֵינוּ כְּאֶפְרַיְם וְכִּמְנַשֶּׁה

Y’simkha Elohim k’Ephraim v’khi-Menashe.

For our daughters:
May you be like Sarah, Rebecca, Rachel, and Leah.

בְּשִׂיםָךְ אֱלֹהֵינוּ כְּשָׂרָה רִבְקָה רָחֵל וְלֵאָה

Y’simeikh Elohim k’Sarah, Rivka, Rachel, v’Leah

For our children and families:
May God bless you and protect you.

בָּרְכֶךָ יְהוָֽה וּמְשָׂרֶךָ

Y’varekhekha Adonai v’yishm’rekha

May God show you favor and be gracious to you.

נָאֵר יְהוָֽה פָּנָֽיו אֵלֶיךָ וִיחֻנֶךָ

Ya’eir Adonai panav eilekha vichuneka

May God show you kindness and grant you peace.

יִשָּא יְהוָֽה פָּנָֽיו אֵלֶיךָ וְיִשָּמֵם לְךָ שָׁלוֹם

Yisa Adonai panav eilekha v’yaseim l’kha shalom
Healing Prayers
Music by Debbie Friedman

*Mi shebeirach avoteinu
M’kor ha-b’rakha l’imoteinu*
May the Source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: *Amen.*

*Mi shebeirach imoteinu
M’kor ha-b’rakha la-avoteinu*
Bless those in need of healing with *r’fuah sh’leimah,*
The renewal of body, the renewal of spirit,
And let us say: *Amen*
Bein’ Green—B’tzelem Elohim
By Joe Raposo; arr. by Cantor Melissa Cohen

It’s not easy bein’ green.
Even though we are all created B’tzelem Elohim,
And people tend to pass you over ‘cause you’re not blending in
Like so many other ordinary things.

But green is the color of spring.
And green can be cool and friendly-like.
And green can be big like an ocean,
Or important like a mountain,
Or tall like a tree.

When green is all there is to be,
Eh’yeh asher eh’yeh
Hineini, I’m here,
I’m green, I am that I am.
It’s beautiful, zeh tov,
And I think it’s what I’m meant to be.

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Let There Be Love—Hashkiveinu
Music by Noah Aronson, Jodi Sufrin, & Dan Singer
English text by Chaim Stern

Let there be love and understanding among us.
Let peace and friendship be our shelter from life’s storms.
Hashkiveinu Adonai Eloheinu, Hashkiveinu l’shalom.