Blessing the Children

For our sons:
May you be like Ephraim and Menashe.

ירושם אלוהים כְּאָפְרַיְם וְכִּמְנַשֶּׁה

Y’simkha Elohim k’Ephraim v’khi-Menashe.

For our daughters:
May you be like Sarah, Rebecca, Rachel, and Leah.

ירושם אלוהים כְּשָׂרָה רִבְקָה רָחֵל וְלֵאָּה

Y’simeikh Elohim k’Sarah, Rivka, Rachel, v’Leah

For our children and families:
May God bless you and protect you.

ברכֵךְ יהוה וְיִשְׁמַרְךָ

Y’varekhekha Adonai v’yishm’rekha
May God show you favor and be gracious to you.

נָאָר יְהֹוָה טְפִיוֹ אָלִים וִיחֻנָּךָ

Ya’eir Adonai panav eilekha vichuneka
May God show you kindness and grant you peace.

נֵשַׂא יְהוָה טְפִיוֹ אָלִים לְךָ שָׂלום

Yisa Adonai panav eilekha v’yaseim l’kha shalom

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Healing Prayers
Music by Debbie Friedman

Mi shebeirach avoteinu
M’kor ha-b’rakha l’imoteinu
May the Source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: Amen.

Mi shebeirach imoteinu
M’kor ha-b’rakah la-avoteinu
Bless those in need of healing with r’fuah sh’leimah,
The renewal of body, the renewal of spirit,
And let us say: Amen.
Kol Han’shamah Niggun
Sufi Chant

_Breathe your own words_ into Dinah’s silenced narrative as written in Genesis 34.

Hal’lu...!
Kol Han’shamah t’haleil Yah.
Hal’luyah!

_May everything that has breath praise God. Halleluyah!_

_(Psalm 150:6)_

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Shir Chadash
By Julie Silver

_Shiru ladonai kol ha’aretz,_
_Shiru ladonai shir chadash!_
Sing unto God, all the earth, a new song,
  I will sing unto God a new song.
Sing unto God and we’ll all sing along,
  All the earth, a new song unto God.

_(Based on Psalm 96:1)_