Blessing the Children

For our sons:
May you be like Ephraim and Menashe.

יְשִׂימְךָ אֱלֹהיִׂם כְאֶפְרַיְם וְכִֽמְנַשֶּׁה

Y’simkha Elohim k’Ephraim v’khi-Menashe.

For our daughters:
May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׂימֵךְ אֱלֹהיִׂם כְשָׂרָה רִבְקָה רָחֵל וְלֵאָה

Y’simeikh Elohim k’Sarah, Rivka, Rachel, v’Leah

For our children and families:
May God bless you and protect you.

יבָׂרֶכְךָ יְהוָׂה וְיִׂשְמְרֶךָ

Y’varekhekha Adonai v’yishm’rekha

May God show you favor and be gracious to you.

נָאָר יֵהוָה עֵוֵיָּה אֲלֵיהֶם

Ya’eir Adonai panav eilekha vichuneka

May God show you kindness and grant you peace.

יָׂאֵר יְהוָּה פָּנָּיו אֵלֶיךָו וְיָשֵם לְךָ שָׂלום

Yisa Adonai panav eilekha v’yaseim l’kha shalom
**V'imru Amen**  
By Sheldon Low

In this home, sacred space,  
We are one, together we pray.  
**V'imru Amen.**

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**Let There Be Love—Hashkiveinu**  
Music by Noah Aronson, Jodi Sufrin, & Dan Singer  
English text by Chaim Stern

Let there be love and understanding among us.  
Let peace and friendship be our shelter from life’s storms.  
**Hashkiveinu Adonai Eloheinu, Hashkiveinu l’shalom.**

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**Healing Prayers**  
By Todd Herzog

Dear God of Ancestors,  
Help us renew our faith.  
Grant us a perfect healing.  
Bring peace to all our days  
Restore our strength of body.  
Help clarify our minds.  
Refresh our tired spirits.  
Rejuvenate our light.  

**Refrain: El Na R’fa Na Lah—R’fa Na Lanu!**

*God, please heal them! Please heal us!*

*(Based on Numbers 12:13)*
American Anthem
By Gene Scheer

All we’ve been given by those who came before,
The dream of a nation where freedom would endure.
The work and prayers of centuries have brought us to this day.
What shall be our legacy? What will our children say?
Let them say of me I was one who believed in sharing the blessings I received.
Let me know in my heart when my days are through,
America, America, I gave my best to you.

Each generation from the plains to distant shore
With the gifts that they were given were determined to leave more,
Valiant battles fought together, acts of conscience fought alone,
These are the seeds from which America has grown.
Let them say of me I was one who believed in sharing the blessings I received.
Let me know in my heart when my days are through,
America, America, I gave my best to you.

For those who think they have nothing to share;
Who fear in their hearts there is no hero there.
Know each quiet act of dignity is that which fortifies
The soul of a nation that never dies.
Let them say of me I was one who believed in sharing the blessings I received.
Let me know in my heart when my days are through,
America, America, I gave my best to you.
One Day/Bayom Hahu
By Matisyahu (arr. by Cantor Melissa Cohen)

It's not about win or lose
‘cause we all lose when they feed on the souls of the innocent;
Truth and justice keep on moving though the waters stay raging.
Sometimes in my tears I drown, but I never let it get me down.
So when negativity surrounds, I know some day it'll all turn around because;

V’ne’emar v’hayah Adonai l’melekh al kol ha’aretz
Bayom hahu yih’yeh Adonai echad ush’mo echad
One day (6x)

Gotta hold on, livin’ life day by day
Gotta hold on, put your focus on that one day
And one day, it’ll all turn around because:

All our lives we’ve been waiting for,
We’ve been praying for,
For the people to say
That we don’t want fight no more
Bayom hahu yih’yeh Adonai echad ush’mo echad
One day (6x)

(Hebrew text from Zechariah 14:9: “The Everlasting One will reign as sovereign over all the earth. On that day shall Adonai be one, God’s name be one!”)