

Erev Shabbat with Beth-El Zedeck

January 15, 2021 • 3 Shevat 5781



Blessing the Children

For our sons:

May you be like Ephraim and Menashe.

יְשִׁימָךְ אֱלֹהִים כְּאֶפְרַיִם וְכִמְנַשֶּׁה

Y'simkha Elohim k'Ephraim v'khi-Menashe.

For our daughters:

May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׁימָךְ אֱלֹהִים כְּשָׂרָה רַבֵּקָה רָחֵל וְלֵאָה

Y'simeikh Elohim k'Sarah, Rivka, Rachel, v'Leah

For our children and families:

May God bless you and protect you.

יְבָרְכֶךָ יְהוָה וַיִּשְׁמְרֶךָ

Y'varekhekh Adonai v'yishm'rekha

May God show you favor and be gracious to you.

יָאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחֲנֶנֶךָ

Ya'eir Adonai panav eilekha vichuneka

May God show you kindness and grant you peace.

יֵשָׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שָׁלוֹם

Yisa Adonai panav eilekha v'yaseim l'kha shalom



Ozi V'zimrat Yah

By Rabbi Shefa Gold

עֲזִי וְזִמְרַת יְהוָה, וַיְהִי-לִי לִישׁוּעָה

Ozi v'zimrat Yah; v'yhi-li lishuah

Adonai is my strength and might; God will be my source of help.

(Exodus 15:2)



I'm On My Way—Mi Khamokha

Traditional SNCC Song/Exodus 15:11

I'm on my way to the Freedom Land (3x)
I'm on my way, Great God, I'm on my way.
I'll ask my brothers to come and go with me.
I'll ask my sisters to come and go with me.
I'll ask my children to come and go with me.
I'm on my way, Great God, I'm on my way.

*Mi khamokha ba-eilim Adonai!
Mi kamokha nedar bakodesh, nora t'hilot oseh feleh!
Mi khamokha ba-eilim Adonai!*

*Who is like You, Adonai, among the mighty?
Who is like You, adorned in holiness, revered in praise, working wonders!*



“Now is the time to make justice a reality for all of God’s children...[And] we will not be satisfied until justice rolls down like water and righteousness like a mighty stream...I have a dream...This is our hope.”

(Dr. Martin Luther King, Jr.)

Healing Prayers

Music by Debbie Friedman

Mi shebeirach avoteinu
M'kor ha-b'rakha l'imoteinu
May the Source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: *Amen*.

Mi shebeirach imoteinu
M'kor ha-b'rakhah la-avoteinu
Bless those in need of healing with *r'fuah sh'leimah*,
The renewal of body, the renewal of spirit,
And let us say: *Amen*



We Shall Overcome

By Zilphia Horton, Frank Hamilton, Guy Carawan & Pete Seeger

We shall overcome (2x) We shall overcome someday.
Oh, deep in my heart, I do believe We shall overcome someday.
We'll walk hand in hand (2x) We'll walk hand in hand someday.
Oh, deep in my heart, I do believe We'll walk hand in hand someday.
We shall all be free (2x) We shall all be free someday.
Oh, deep in my heart, I do believe We shall all be free someday.



◇ Of Blessed Memory ◇

The Reverend Doctor Martin Luther King, Jr. (1929-1968)





America The Beautiful

Text by Katharine Lee Bates & Music by Samuel A. Ward

O beautiful for spacious skies, for amber waves of grain
For purple mountain majesties, above the fruited plain
America, America, God shed His grace on thee
And crown thy good with **humanhood**, from sea to shining sea

O beautiful for Pilgrim feet, whose stern impassioned stress
A thoroughfare for freedom beat, across the wilderness
America, America, God mend thine every flaw
Confirm thy soul in self-control, Thy liberty in law

O beautiful for patriot dream, that sees beyond the years
Thine alabaster cities gleam, undimmed by human tears
America, America, God shed His grace on thee
And crown thy good with **humanhood**, from sea to shining sea!

