

Erev Shabbat with Beth-El Zedeck

February 12, 2021 • 1 Adar 5781



Blessing the Children

For our sons:

May you be like Ephraim and Menashe.

יְשִׁימָךְ אֱלֹהִים כְּאֶפְרַיִם וְכִמְנַשֶּׁה

Y'simkha Elohim k'Ephraim v'khi-Menashe.

For our daughters:

May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׁימָךְ אֱלֹהִים כְּשָׂרָה רַבֵּקָה רָחֵל וְלֵאָה

Y'simeikh Elohim k'Sarah, Rivka, Rachel, v'Leah

For our children and families:

May God bless you and protect you.

יְבָרְכֶךָ יְהוָה וַיִּשְׁמְרֶךָ

Y'varekhekh Adonai v'yishm'rekha

May God show you favor and be gracious to you.

יָאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחֲנֶנֶךָ

Ya'eir Adonai panav eilekha vichuneka

May God show you kindness and grant you peace.

יֵשָׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שָׁלוֹם

Yisa Adonai panav eilekha v'yaseim l'kha shalom



V'imru Amen

By Sheldon Low

In this home, sacred space,
We are one, together we pray.
V'imru Amen.



Healing Prayers

Music by Debbie Friedman

Mi shebeirach avoteinu
M'kor ha-b'rakha l'imoteinu
May the Source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: *Amen.*

Mi shebeirach imoteinu
M'kor ha-b'rakhah la-avoteinu
Bless those in need of healing with *r'fuah sh'leimah*,
The renewal of body, the renewal of spirit,
And let us say: *Amen*



And Thou Shalt Love

Music by Debbie Friedman

And thou shalt love Adonai thy God with all thy heart,
With all thy soul, and with all of thy might.
And all these words which I command you on this day
Shall be in thy heart (2x).

And thou shalt teach them diligently unto thy children.
And thou shall speak of them when thou sittest in thy house.
When thou walkest by the way, and when thou risest up
and when thou liest down (2x).

And thou shalt bind them for a sign upon thy hand,
And they shall be for frontlets between thine eyes.
And thou shalt write them on the doorposts of thy house
And upon thy gates (2x).

That ye may remember and do all of my commandments,
And be holy unto your God (3x)

(Deut. 6:5-9; Num. 15:37-41)



Ivdu Et Adonai

Music by Moshe Shur

Ivdu et Adonai b'simḥa, bo'u l'fanav birnanah!

Serve God with gladness! Come into God's presence with singing!

(Psalm 100:2)

