Blessing the Children

For our sons:
May you be like Ephraim and Menashe.

יְשִׂימְךָ אֱלֹהיִׂם כְאֶפְרַיְם וְכִׂמְנַשֶה

Y’simkha Elohim k’Ephraim v’khi-Menashe.

For our daughters:
May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׂימֵךְ אֱלֹהיִׂם כְשָׂרָה רִׂבְקָה רָׂחֵל וְלֵאָה

Y’simeikh Elohim k’Sarah, Rivka, Rachel, v’Leah

For our children and families:
May God bless you and protect you.

יָבָרֶכְךָ יְהוָּה וְיִׂשְמְרֶךָ

Y’varekhekha Adonai v’yishm’rekha

May God show you favor and be gracious to you.

נָאָר יְהוָּה פָּנָּיו אֵלֶיךָ וִיחֻנֶךָ

Ya’eir Adonai panav eilekha vichuneka

May God show you kindness and grant you peace.

יִנָּשֵא יְהוָּה פָּנָּיו אֵלֶיךָ וְיֵשְם לְךָ שָׂלום

Yisa Adonai panav eilekha v’yaseim l’kha shalom
**Healing Prayers**  
Music by Debbie Friedman

*Mi shebeirach avoteinu*  
*M'kor ha-b'rakha l'imoteinu*  
May the Source of strength,  
Who blessed the ones before us,  
Help us find the courage to make our lives a blessing,  
And let us say: *Amen.*

*Mi shebeirach imoteinu*  
*M'kor ha-b'rakhah la-avoteinu*  
Bless those in need of healing with *r'fuah sh'leimah,*  
The renewal of body, the renewal of spirit,  
And let us say: *Amen*

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**Sanctuary/V’asu Li Mikdash**  
By R. Rothwell and J. Dulkin

God prepare me to be a Sanctuary,  
Pure and holy, tried and true,  
With thanksgiving, I’ll be a living Sanctuary for You.

*V’asu li mikdash v’shakhanti b’tokham*  
*Va’anaḥnu n’varekh Yah me’atah v’ad olam*  
(Exodus 25:8, Psalm 145)

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**La’Y’hudim**  
Folk

*La-y’hudim haita ora v’simḥa v’sason vicar!*  
The Jews enjoyed light and gladness, happiness and honor!  
(Esther 8:16)