Blessing the Children

For our sons:
May you be like Ephraim and Menashe.

ויִשָּׂימֶךְ אֱלֹהִים כְּאֶפְרַיִם וְכִּמְנַשֶּׁה

Yeiskh Elohim k’Ephraim v’khi-Menashe.

For our daughters:
May you be like Sarah, Rebecca, Rachel, and Leah.

ויִשָּׂימֶךְ אֱלֹהִים כְּשָׂרָה רִיבְקָה רָחֵל וְלֵאָה

Yeisheikh Elohim k’Sarah, Rivka, Rachel, v’Leah.

For our children and families:
May God bless you and protect you.

יִבְרָכֶךָ יְהוָה וְיִשְמְרֶךָ

Y’vakhekha Adonai v’yishm’rekha.
May God show you favor and be gracious to you.

נָאָר יְהוָה פָּנָיו אֵלֶיךָ

Ya’eir Adonai panav eilekha vichuneka.
May God show you kindness and grant you peace.

וַיִּשָּׂא יְהוָה פָּנָיו אֵלֶיךָ לְקָחֶם שָׂלֹם

Yisa Adonai panav eilekha v’yaseim l’kha shalom.
Healing Prayers
Music by Debbie Friedman

Mi shebeirach avoteinu
M'kor ha-b'rakha l'imoteinu
May the Source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: Amen.

Mi shebeirach imoteinu
M'kor ha-b'rakhah la-avoteinu
Bless those in need of healing with r'fuah sh'leimah,
The renewal of body, the renewal of spirit,
And let us say: Amen

Y’varekhekha
By Cantor Ofer Barnoy

Y’varekhekha Adonai v’yishm’rekha...kein y’hi ratzon
Ya’er Adonai panav eilekha vichuneka...kein y’hi ratzon
Yisa Adonai panav eilekha v’yasem l’kha shalom...kein y’hi ratzon

May God bless you and protect you...May it be so!
May God show you favor and be gracious to you...May it be so!
May God show you kindness and grant you peace...May it be so!

(Numbers 6:24-26)