Erev Shabbat with Beth-El Zedeck
April 2, 2021 • 21 Nisan 5781

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Blessing the Children

For our sons:
May you be like Ephraim and Menashe.

יְשִׂימְךָ אֱלֹהיִׂם כְאֶפְרַיְם וְכִׂמְנַשֶה

Y’simkha Elohim k’Ephraim v’khi-Menashe.

For our daughters:
May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׂימֵךְ אֱלֹהיִׂם כְשָׂרָה רִבְקָה רָחֵל וְלֵאָה

Y’simeikh Elohim k’Sarah, Rivka, Rachel, v’Leah

For our children and families:
May God bless you and protect you.

יְבָרֶכְךָ יְהוָּה וְיִשְמְרֶךָ

Y’varekhekha Adonai v’yishm’rekha

May God show you favor and be gracious to you.

נָאָר יְהוָּה פָּנָּיו אֵלֶיךָ וִיחֻנֶךָ

Ya’eir Adonai panav eilekha vichuneka

May God show you kindness and grant you peace.

יִשָּא יְהוָּה פָּנָּיו אֵלֶיךָ לְךָ שָׂלום

Yisa Adonai panav eilekha v’yaseim l’kha shalom

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Adir Hu
Traditional Passover Hymn

Adir hu (2x) yivneh beito b’karov.
Bimheirah (2x) b’yameinu b’karov.
El b’nei (2x) b’nei beitkha b’karov.

God of Might, God of Right,
We would bow before Thee.
Sing Thy praise in these days.
Celebrate Thy glory.
As we hear, year by year,
Freedom’s wondrous story.

Healing Prayers
Music by Debbie Friedman

Mi shebeirach avoteinu
M’kor ha-b’rakha l’imoteinu
May the Source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: Amen.

Mi shebeirach imoteinu
M’kor ha-b’rakhah la-avoteinu
Bless those in need of healing with r’fuah sh’leimah,
The renewal of body, the renewal of spirit,
And let us say: Amen
Counting the Omer

Blessed are You, Adonai our God, Ruler of the universe, who sanctifies us with mitzvot, and commands us concerning the counting of the Omer.

Today is the sixth day of the omer.

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Ozi V’zimrat Yah
By Rabbi Shefa Gold

Adonai is my strength and might; God will be my source of help.

(Exodus 15:2)