

Erev Shabbat with Beth-El Zedeck

April 2, 2021 • 21 Nisan 5781



Blessing the Children

For our sons:

May you be like Ephraim and Menashe.

יְשִׁימָךְ אֱלֹהִים כְּאֶפְרַיִם וְכִמְנַשֶּׁה

Y'simkha Elohim k'Ephraim v'khi-Menashe.

For our daughters:

May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׁימָךְ אֱלֹהִים כְּשָׂרָה רַבֵּקָה רָחֵל וְלֵאָה

Y'simeikh Elohim k'Sarah, Rivka, Rachel, v'Leah

For our children and families:

May God bless you and protect you.

יְבָרְכֶךָ יְהוָה וַיִּשְׁמְרֶךָ

Y'varekhekha Adonai v'yishm'rekha

May God show you favor and be gracious to you.

יָאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחֲנֶנֶךָ

Ya'eir Adonai panav eilekha vichuneka

May God show you kindness and grant you peace.

יֵשָׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שָׁלוֹם

Yisa Adonai panav eilekha v'yaseim l'kha shalom



Adir Hu

Traditional Passover Hymn

*Adir hu (2x) yivneh beito b'karov.
Bimheirah (2x) b'yameinu b'karov.
El b'nei (2x) b'nei beikha b'karov.*

אָדיר הוּא יְבַנֶּה בֵּיתוֹ בְּקָרוֹב
בְּמַהֲרָה, בְּמַהֲרָה, בְּיָמֵינוּ בְּקָרוֹב
אֵל בְּנֵי, אֵל בְּנֵי, אֵל בְּנֵי בֵּיתְךָ בְּקָרוֹב

God of Might, God of Right,
We would bow before Thee.
Sing Thy praise in these days.
Celebrate Thy glory.
As we hear, year by year,
Freedom's wondrous story.



Healing Prayers

Music by Debbie Friedman

*Mi shebeirach avoteinu
M'kor ha-b'rakha l'imoteinu*
May the Source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: *Amen*.

*Mi shebeirach imoteinu
M'kor ha-b'rakhah la-avoteinu*
Bless those in need of healing with *r'fuah sh'leimah*,
The renewal of body, the renewal of spirit,
And let us say: *Amen*



Counting the Omer

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ עַל סְפִירַת הָעֹמֶר.

*Baruch atah Adonai Eloheinu melech ha'olam asher kid'shanu b'mitzvotav
vitzivanu al sefirat ha'omer.*

Blessed are You, Adonai our God, Ruler of the universe, who sanctifies us with mitzvot, and commands us concerning the counting of the Omer.

הַיּוֹם שִׁשָּׁה יָמִים לְעֹמֶר

Hayom shishah yamim la-omer.

Today is the sixth day of the omer.



Ozi V'zimrat Yah

By Rabbi Shefa Gold

עֲזִי וְזִמְרַת יְהוָה, וַיְהִי-לִי לִישׁוּעָה

Ozi v'zimrat Yah; v'yhi-li lishuah

Adonai is my strength and might; God will be my source of help.

(Exodus 15:2)

