

Erev Shabbat with Beth-El Zedeck

April 23, 2021 • 12 Iyar 5781



Blessing the Children

For our sons:

May you be like Ephraim and Menashe.

יְשִׁימָךְ אֱלֹהִים כְּאֶפְרַיִם וְכִמְנַשֶּׁה

Y'simkha Elohim k'Ephraim v'khi-Menashe.

For our daughters:

May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׁימָךְ אֱלֹהִים כְּשָׂרָה רַבֵּקָה רָחֵל וְלֵאָה

Y'simeikh Elohim k'Sarah, Rivka, Rachel, v'Leah

For our children and families:

May God bless you and protect you.

יְבָרְכֶךָ יְהוָה וַיִּשְׁמְרֶךָ

Y'varekhekha Adonai v'yishm'rekha

May God show you favor and be gracious to you.

יָאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחֲנֶנֶךָ

Ya'eir Adonai panav eilekha vichuneka

May God show you kindness and grant you peace.

יֵשָׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שָׁלוֹם

Yisa Adonai panav eilekha v'yaseim l'kha shalom



V'imru Amen

By Sheldon Low

In this home, sacred space,
We are one, together we pray.
V'imru Amen.



Healing Prayers

Music by Debbie Friedman

Mi shebeirach avoteinu
M'kor ha-b'rakha l'imoteinu
May the Source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: *Amen.*

Mi shebeirach imoteinu
M'kor ha-b'rakhah la-avoteinu
Bless those in need of healing with *r'fuah sh'leimah*,
The renewal of body, the renewal of spirit,
And let us say: *Amen*



Olam Chesed Yibaneh

By Rabbi Menachem Creditor

Olam Chesed Yibaneh...yai lai lai...

I will build this world from love
You must build this world from love
We must build this world from love
Then God will build this world from love

(based on Psalm 89:3)



Counting the Omer

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ עַל סְפִירַת הָעֹמֶר.

*Baruch atah Adonai Eloheinu melech ha'olam asher kid'shanu b'mitzvotav
vitzivanu al sefirat ha'omer.*

Blessed are You, Adonai our God, Ruler of the universe, who sanctifies us with mitzvot, and commands us concerning the counting of the Omer.

הַיּוֹם עֶשְׂרִים יוֹם שֶׁהֵם שְׁנַי שָׁבוּעוֹת וְשִׁשָּׁה יָמִים לְעֹמֶר

הַיּוֹם שִׁשָּׁה וְעֶשְׂרִים יוֹם שֶׁהֵם שְׁלֹשָׁה שָׁבוּעוֹת וְחֲמִשָּׁה יָמִים לְעֹמֶר.

Hayom shishah v'esrim yom shehem shloshah shavuot vachamishah yamim la-omer.

Today is 26 days—three weeks and five days— of the *omer*.



Mitzvah Goreret Mitzvah

Music by Andy Vogel

*Mitzvah goreret mitzvah.
Avodah goreret aveirah.
Mitzvah goreret mitzvah,
Goreret mitzvah, ya la la la la.*

*Lih'yot tzadik zeh tov, zeh tov.
Lih'yot Tzadik zeh tov m'od!*

One *mitzvah* leads to another. One misdeed leads to another.
To be righteous is very good!

(Pirkei Avot 4:2)

