Erev Shabbat with Beth-El Zedeck
April 23, 2021 • 12 Iyar 5781

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Blessing the Children

For our sons:
May you be like Ephraim and Menashe.

יְשִׂימֵךָ אֱלֹהיִׂם כְאֶפְרַיְם וְכִׂמְנַשֶה

Y’simkha Elohim k’Ephraim v’khi-Menashe.

For our daughters:
May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׂימֵךְ אֱלֹהיִׂם כְשָׂרָּה רִבְקָּה רָּחֵל וְלֵאָּה

Y’simeikh Elohim k’Sarah, Rivka, Rachel, v’Leah

For our children and families:
May God bless you and protect you.

בָּרֶכֶךָ יְהוָּה וְיִשְמְרֶךָ

Y’varekhekha Adonai v’yishm’rekha

May God show you favor and be gracious to you.

נָאֵר יְהוָּה גְפִיעָה אֲלָיוֹת רִיחֲנָךָ

Ya’eir Adonai panav eilekha vichuneka

May God show you kindness and grant you peace.

וַישֵׂא יְהוָּה גְפִיעָה אֲלָיוֹת לְךָ שלום

Yisa Adonai panav eilekha v’yaseim l’kha shalom

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V’imru Amen
By Sheldon Low

In this home, sacred space,
We are one, together we pray.
V’imru Amen.

Healing Prayers
Music by Debbie Friedman

Mi shebeirach avoteinu
M’kor ha-b’rakha l’imoteinu
May the Source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: Amen.

Mi shebeirach imoteinu
M’kor ha-b’rakhah la-avoteinu
Bless those in need of healing with r’fuah sh’leimah,
The renewal of body, the renewal of spirit,
And let us say: Amen

Olam Chesed Yibaneh
By Rabbi Menachem Creditor

Olam Chesed Yibaneh...yai lai lai...

I will build this world from love
You must build this world from love
We must build this world from love
Then God will build this world from love

(based on Psalm 89:3)
Counting the Omer

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֵֶֽלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשֵָֽׁנוּ בְּמִצְוֹתָיו, וְצִוֵּֽנוּ עַל סְפִירַת הָע ֵֽמֶר

Baruch atah Adonai Eloheinu melech ha’olam asher kid’shanu b’mitzvotav vitzivanu al sefirat ha’omer.

Blessed are You, Adonai our God, Ruler of the universe, who sanctifies us with mitzvot, and commands us concerning the counting of the Omer.

הַיּוֹם עֶשְרִׂים יוֹם שֶׁהֵם שְנֵי שָׂבוּעוֹת וְשִׂשָּׁה יָמִים לָע ֹֽמֶר

Hayom shishah v’esrim yom shehem shloshah shavuot vachamishah yamim la-omer.

Today is 26 days—three weeks and five days—of the omer.

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Mitzvah Goreret Mitzvah

Music by Andy Vogel

Mitzvah goreret mitzvah.
Avodah goreret aveirah.
Mitzvah goreret mitzvah,
Goreret mitzvah, ya la la la la.

Lih’yot tzadik zeh tov, zeh tov.
Lih’yot Tzadik zeh tov m’od!

One mitzvah leads to another. One misdeed leads to another.
To be righteous is very good!

(Pirkei Avot 4:2)