

Erev Shabbat with Beth-El Zedeck

April 30, 2021 • 19 Iyar 5781



Blessing the Children

For our sons:

May you be like Ephraim and Menashe.

יְשִׁימָךְ אֱלֹהִים כְּאֶפְרַיִם וְכִמְנַשֶּׁה

Y'simkha Elohim k'Ephraim v'khi-Menashe.

For our daughters:

May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׁימָךְ אֱלֹהִים כְּשָׂרָה רַבֵּקָה רָחֵל וְלֵאָה

Y'simeikh Elohim k'Sarah, Rivka, Rachel, v'Leah

For our children and families:

May God bless you and protect you.

יְבָרְכֶךָ יְהוָה וַיִּשְׁמְרֶךָ

Y'varekhekha Adonai v'yishm'rekha

May God show you favor and be gracious to you.

יָאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחֲנֶנֶךָ

Ya'eir Adonai panav eilekha vichuneka

May God show you kindness and grant you peace.

יֵשָׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שָׁלוֹם

Yisa Adonai panav eilekha v'yaseim l'kha shalom



Healing Prayers

Music by Debbie Friedman

Mi shebeirach avoteinu

M'kor ha-b'rakha l'imoteinu

May the Source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: *Amen*.

Mi shebeirach imoteinu

M'kor ha-b'rakhah la-avoteinu

Bless those in need of healing with *r'fuah sh'leimah*,
The renewal of body, the renewal of spirit,
And let us say: *Amen*



Kaddish D'Rabbanan

Music by Debbie Friedman

For our teachers and their students, and the students of the students:

We ask for peace and loving-kindness, and let us say: *Amen*.

And for those who study Torah here and everywhere.

May they be blessed with all they need, and let us say: *Amen*.

We ask for peace and loving-kindness, and let us say: *Amen*. (3x)



Counting the Omer

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ עַל סְפִירַת הָעֹמֶר.

*Baruch atah Adonai Eloheinu melech ha'olam asher kid'shanu b'mitzvotav
vitzivanu al sefirat ha'omer.*

Blessed are You, Adonai our God, Ruler of the universe, who sanctifies us with mitzvot, and commands us concerning the counting of the Omer.

הַיּוֹם אַרְבָּעָה וְשָׁלְשִׁים יוֹם שֶׁהֵם אַרְבָּעָה שָׁבוּעוֹת וְשֵׁשָׁה יָמִים לָעֹמֶר.

Hayom arba'ah ushloshim yom shehem arba'ah shavuot v'shishah yamim la-omer.

Today is 34 days—four weeks and six days— of the *omer*.



T'fillat HaDerech

By Debbie Friedman

May we be blessed as we go on our way.

May we be guided in peace.

May we be blessed with health and joy.

May this be our blessing: *Amen*.

Amen, Amen, may this be our blessing: Amen. (2x)

May we be sheltered by the wings of peace.

May we be kept in safety and in love.

May grace and compassion find their way to every soul.

May this be our blessing: *Amen*.

Amen, Amen, may this be our blessing: Amen. (2x)



Todah Rabbah to the Teachers and Staff of

The Rabbi Sidney and Shirley Steiman Religious School

Judaics Teachers

Michaela Simon, Gan (K)
Zev Winicur, Kitah Alef (1) & Kitah Dalet (4)
Dianne Kelley, Kitah Bet (2)
Ruth Siegel, Kitah Gimmel (3)
Cindie Harp, Kitah Hey (5)
David Fisher, Kitah Vav(6)
Rabbi Bruce Pfeffer, Kitah Zayin (7)
Adam Rothenberg, Ulpan (8)
Martin Weiss, Ulpan (9)
Rabbi Jennifer Greenspan (Confirmation)
Alvin Katzman (Confirmation)

Hebrew Teachers

Dina David-Smith, Hebrew Coordinator
Michaela Simon, Gan
Morah Ellie Hersh, Hebrew Kitot Alef & Bet
Morah Clara Sharon, Hebrew Kitah Gimmel
Rebekah Maccaby, Hebrew Kitah Dalet
Tamar David, Hebrew Kitah Hey
Cantor Melissa Cohen, Tefillah Lab
Jeff Linkon, Kitah Vav and Bar/Bat Mitzvah Instructor
Tracy Mishkin, Hebrew Specialist

Education Staff

Rabbi Dennis Sasso, (Youth and Adult Education and Bar/Bat Mitzvah Seminars)
Rabbi Jennifer Greenspan, (Confirmation and Bar/Bat Mitzvah Seminars)
Cantor Melissa Cohen, (Tefillah Lab and Bar/Bat Mitzvah Seminars)
George Kelley, (Education Director)
Joanie Waldman, (Director Early Childhood Center)
Dina David-Smith, (Hebrew Coordinator)
Mickki Ashworth, (Librarian)
Stephanie Payne, (Assistant Director Early Childhood Center)
Adam Rothenberg, (Youth Director)

Mazel Tov to the

2021
Class of

Our High School Graduates

Isabella Birany
Benjamin Fang
Spencer Fleischer
Hailey Fox
Tahlia Freedman
Joshua Friedman
Nathan Geyer
Margaret Hayward
Eli Kurlander
Jacob Kurlander

Sam Morgan
Madison Mundy
Jordan Paraboschi
Ryan Plaskoff
Lily Rosenberg
Sophia Sinder
Zoe Wade
Dalton Waldman
Tristen West

◇ **A Blessing Upon Completion of High School Studies** ◇

Rabbi:

On this Shabbat, we honor and congratulate our young people who will soon complete high school studies.

May our people's love of learning inspire you in your continuing quest for knowledge.

May you go from strength to strength.

And may the teachings of Judaism guide you in all that you do.

Students:

May we be blessed with health of body and mind

So that we may be able to fulfill our hopes and aspirations.

As we advance in our studies, may we grow in wisdom;

As we increase our knowledge, may we gain understanding.

Parents and students recite together:

*Barukh atah Adonai, Eloheinu melekh
ha'olam, sheheḥyanu, v'kiy'manu,
v'higgi'anu, laz'man hazeh.*

ברוך אתה יי אלהינו מלך העולם, שהחיינו וקימנו
והגיענו לזמן הזה.

Praised is the Holy Source of blessing, who has given us life,
sustained us, and enabled us to reach this day.