

Erev Shabbat with Beth-El Zedeck
May 14, 2021 • 4 Sivan 5781



Blessing the Children

For our sons:

May you be like Ephraim and Menashe.

יְשִׁימָךְ אֱלֹהִים כְּאֶפְרַיִם וְכַמְנַשֶּׁה

Y'simkha Elohim k'Ephraim v'khi-Menashe.

For our daughters:

May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׁימָךְ אֱלֹהִים כְּשָׂרָה רַבֵּקָה רָחֵל וְלֵאָה

Y'simeikh Elohim k'Sarah, Rivka, Rachel, v'Leah

For our children and families:

May God bless you and protect you.

יְבָרְכֶךָ יְהוָה וַיִּשְׁמְרֶךָ

Y'varekhekha Adonai v'yishm'rekha

May God show you favor and be gracious to you.

יָאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחֲנֶנֶךָ

Ya'eir Adonai panav eilekha vichuneka

May God show you kindness and grant you peace.

יֵשָׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שָׁלוֹם

Yisa Adonai panav eilekha v'yaseim l'kha shalom



Healing Prayers

Music by Debbie Friedman

Mi shebeirach avoteinu

M'kor ha-b'rakha l'imoteinu

May the Source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: *Amen*.

Mi shebeirach imoteinu

M'kor ha-b'rakhah la-avoteinu

Bless those in need of healing with *r'fuah sh'leimah*,
The renewal of body, the renewal of spirit,
And let us say: *Amen*



Let There Be Love—Hashkiveinu

Music by Noah Aronson, Jodi Sufrin, & Dan Singer

English text by Chaim Stern

Let there be love and understanding among us.
Let peace and friendship be our shelter from life's storms.
Hashkiveinu Adonai Eloheinu, Hashkiveinu l'shalom.



Od Yavo Shalom Aleinu/Salaam

By Mosh Ben-Ari

Od yavo shalom aleinu v'al kulam
Salaam aleinu v'al kol ha'olam, shalom, salaam!
Shalom aleinu v'al kol ha'olam, salaam, shalom!

Peace will come upon us and everyone.



Holy Place

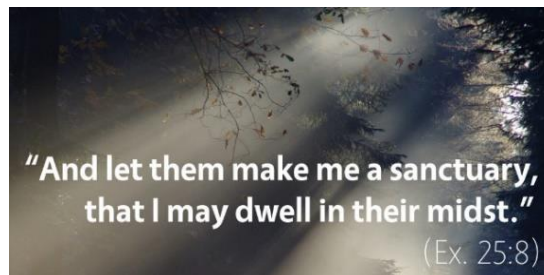
By Debbie Friedman

These are the gifts that we bring that we may build a holy place.
This is the spirit that we bring that we may build a holy place.
We will bring all the goodness that comes from our hearts.
And the spirit of God will dwell within.

These are the prayers that we bring that we may build a holy place.
These are the visions that we seek that we may build *this* holy place.
V'asu li mikdash v'shachanti, v'shachanti b'tocham.

Let our promise forever be strong, let our souls rise together in song,
That the spirit of God and the spirit of love will dwell within.

(Based on Exodus 25:8)



Counting the Omer

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ עַל סְפִירַת הָעֹמֶר.

Baruch atah Adonai Eloheinu melech ha'olam asher kid'shanu b'mitzvotav vitzivanu al sefirat ha'omer.

Blessed are You, Adonai our God, Ruler of the universe, who sanctifies us with mitzvot, and commands us concerning the counting of the Omer.

הַיּוֹם שְׁמוֹנָה וָאַרְבָּעִים יוֹם שֵׁשָׁה שָׁבועוֹת וְשֵׁשָׁה יָמִים לְעֹמֶר.

Hayom sh'monah v'arba'im yom sh'hem shishah shavuot v'shishah yamim la-omer.

Today is 48 days—six weeks and six days— of the *omer*.



Lo Alecha

Music by Jeff Klepper and Dan Frelander

Lo alecha ham'lacha ligmor,
Lo alecha ligmor. (2x)

V'lo ata ben chorin l'hibateil mimena,
V'lo ata ben chorin. (2x)

It is not your duty to complete the work, neither are you free to desist from it.

(Pirkei Avot 2:16, 15)

