

Erev Shabbat with Beth-El Zedeck

June 4, 2021 • 25 Sivan 5781



Blessing the Children

For our sons:

May you be like Ephraim and Menashe.

יְשִׁימָךְ אֱלֹהִים כְּאֶפְרַיִם וְכִמְנַשֶּׁה

Y'simkha Elohim k'Ephraim v'khi-Menashe.

For our daughters:

May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׁימָךְ אֱלֹהִים כְּשָׂרָה רַבֵּקָה רָחֵל וְלֵאָה

Y'simeikh Elohim k'Sarah, Rivka, Rachel, v'Leah

For our children and families:

May God bless you and protect you.

יְבָרְכֶךָ יְהוָה וַיִּשְׁמְרֶךָ

Y'varekhekha Adonai v'yishm'rekha

May God show you favor and be gracious to you.

יָאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחֲנֶנֶךָ

Ya'eir Adonai panav eilekha vichuneka

May God show you kindness and grant you peace.

יֵשָׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שָׁלוֹם

Yisa Adonai panav eilekha v'yaseim l'kha shalom



That You May Remember

By Debbie Friedman

L'ma'an tizk'ru va'asitem et kol mitzvotai
Vi'hi'tem k'doshim l'eiloheichem
Ani Adonai Eloheichem emet, eloheichem emet...

*That you may remember and do all of My commandments
And be holy unto your God, unto your God, unto your God.*

(Numbers 15:40)



Healing Prayers

By Debbie Friedman

*Mi shebeirach avoteinu
M'kor ha-b'rakha l'imoteinu
May the Source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: Amen.*

*Mi shebeirach imoteinu
M'kor ha-b'rakhah la-avoteinu
Bless those in need of healing with r'fuah sh'leimah,
The renewal of body, the renewal of spirit,
And let us say: Amen*



Od Yishama

Music by Shlomo Carlebach

Od yishama b'arei Y'hudah
Uv'chutztot, uv'chutztot Y'rushalayim (2x)
Kol sason v'kol simchah, kol chatan v'kol kallah (2x)

*There shall yet be heard in the cities of Judah,
And the outskirts of Jerusalem
The sounds of gladness and joy,
The voice of bridegroom and bride.*

(Jeremiah 33:10-11)

