

# Erev Shabbat with Beth-El Zedeck

## August 6, 2021 • 29 Av 5781



### Blessing the Children

**For our sons:**

May you be like Ephraim and Menashe.

יְשִׁימָךְ אֱלֹהִים כְּאֶפְרַיִם וְכַמְנַשֶּׁה

*Y'simkha Elohim k'Ephraim v'khi-Menashe.*

**For our daughters:**

May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׁימָךְ אֱלֹהִים כְּשָׂרָה רַבֵּקָה רָחֵל וְלֵאָה

*Y'simeikh Elohim k'Sarah, Rivka, Rachel, v'Leah*

**For our children and families:**

May God bless you and protect you.

יְבָרְכֶךָ יְהוָה וַיִּשְׁמְרֶךָ

*Y'varekhekha Adonai v'yishm'rekha*

May God show you favor and be gracious to you.

יָאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחַנְךָ

*Ya'eir Adonai panav eilekha vichuneka*

May God show you kindness and grant you peace.

יֵשָׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שָׁלוֹם

*Yisa Adonai panav eilekha v'yaseim l'kha shalom*



## Kein Y'hi Ratzon

By Cantor Ofer Barnoy

Y'varekhekha Adonai v'yishm'rekha...kein y'hi ratzon  
Ya'er Adonai panav eilekha vichuneka...kein y'hi ratzon  
Yisa Adonai panav eilekha v'yasem l'kha shalom...kein y'hi ratzon

*May God bless you and protect you...May it be so!  
May God show you favor and be gracious to you...May it be so!  
May God show you kindness and grant you peace...May it be so!*

(Numbers 6:24-26)



## Healing Prayers

By Debbie Friedman

*Mi shebeirach avoteinu  
M'kor ha-b'rakha l'imoteinu*  
May the Source of strength,  
Who blessed the ones before us,  
Help us find the courage to make our lives a blessing,  
And let us say: *Amen.*

*Mi shebeirach imoteinu  
M'kor ha-b'rakhah la-avoteinu*  
Bless those in need of healing with *r'fuah sh'leimah*,  
The renewal of body, the renewal of spirit,  
And let us say: *Amen*



## **V'imru Amen**

By Sheldon Low

In this home, sacred space,  
We are one, together we pray.  
*V'imru Amen.*



## **Sanctuary/V'asu Li Mikdash**

By R. Rothwell and J. Dulkan

God prepare me to be a Sanctuary,  
Pure and holy, tried and true,  
With thanksgiving, I'll be a living Sanctuary for You.

*V'asu li mikdash v'shakhanti b'tokham  
Va'anahnu n'varekh Yah me'atah v'ad olam*

(Exodus 25:8, Psalm 145)